

ESAA – MERSEYSIDE ROLL OF HONOUR

The implementation of the 1972 Local Government Act on April 1st, 1974 resulted in the creation of the metropolitan county of Merseyside. It was formed from the south east part of Lancashire including the boroughs of Liverpool, Bootle, Southport and St. Helens; the boroughs of Birkenhead and Wallasey in Cheshire.

Merseyside County Schools' Athletic Association was formed in 1974 to organise and supervise athletics in the new county.

In 1975 Merseyside had a successful first ESAA Championship with Janet Lawrence winning the silver medal in the Girls Intermediate 800 metres; Bobby Hill gaining a silver medal in the Boys 80 Junior metres hurdles and Dave Galvin a bronze medal in the Junior 800 metres.

Janet Lawrence was the first Merseyside ESAA champion when winning the Senior Cross Country title in 1976.

OLYMPIC GAMES MEDALLISTS

Anyika Onuora	2016 4 x 400m Bronze 2001 I 100m-1, 2002 S 100m-1
Steve Smith	1996 High Jump Bronze 1987 J HJ-1, 1988 I HJ-2, 1989 I HJ-2, 1990 S HJ-2, 1991 S HJ-2

WORLD CHAMPIONSHIP MEDALLISTS

Anyika Onuora	2015 4 x 400m Bronze 2001 I 100m-1, 2002 S 100m-1
Katarina Johnson-Thompson	2019 Heptathlon Gold 2006 J HJ-3, 2007 J HJ-1, 2007 J-PEN-1, 2008 I HJ-1, 2008 I HEP-1
Steve Smith	1993 High Jump Bronze 1987 J HJ-1, 1988 I HJ-2, 1989 I HJ-2, 1990 S HJ-2, 1991 S HJ-2

EUROPEAN CHAMPIONSHIP MEDALLISTS

Anyika Onuora	2006 4 x 100m Silver, 2016 400m Bronze and 4 x 400m Gold, 2018 4 x 400m Bronze 2001 I 100m-1, 2002 S 100m-1
Katarina Johnson-Thompson	2018 Heptathlon Silver 2006 J HJ-3, 2007 J HJ-1, 2007 J-PEN-1, 2008 I HJ-1, 2008 I HEP-1
Steve Smith	1994 High Jump Silver 1987 J HJ-1, 1988 I HJ-2, 1989 I HJ-2, 1990 S HJ-2, 1991 S HJ-2
Michael Rimmer	2010 800m Silver 2000 J 800m-1, 2001 and 2002 I 800m-1

ESAA – MERSEYSIDE ROLL OF HONOUR

COMMONWEALTH GAMES MEDALLISTS

Ann Williams	1990 800m Silver 1982 S 400m-1
Anyika Onuora	2006 4 x 100m Silver, 2014 4x 400m Bronze 2001 I 100m-1, 2002 S 100m-1
Katarina Johnson-Thompson	2018 Heptathlon Gold 2006 J HJ-3, 2007 J HJ-1, 2007 J-PEN-1, 2008 I HJ-1, 2008 I HEP-1
Steve Smith	1994 High Jump Silver 1987 J HJ-1, 1988 I HJ-2, 1989 I HJ-2, 1990 S HJ-2, 1991 S HJ-2

BRITISH CHAMPIONS

Kathryn Farr	1986 Discus Throw 1981 J SP-2, 1984 and 1985 S DT-2
Ann Williams	1990 800m and 1991 1500m 1982 S 400m-1
Diane Allahgreen	2000-02 100m Hurdles 1991 I 80mH-1, 1992, 1993 and 1994 S 100mH-1
Anyika Onuora	2011 and 2013 200m, 2015 and 2018 400m 2001 I 100m-1, 2002 S 100m-1
Katarina Johnson-Thompson	2014 Long Jump 2006 J HJ-3, 2007 J HJ-1, 2007 J-PEN-1, 2008 I HJ-1, 2008 I HEP-1
Alex Kruger	1989, 1992 and 2000 Decathlon 1980 I HJ-5
Ikem Billy	1989 800m 1982 S 800m-2, 1983 S 800m-1
Steve Partington	1996 10k Walk 1984 10k Walk-1
Curtis Robb	1992, 1995 and 1996 800m 1989 and 1990 S 1500m-1
Steve Smith	1992, 1995, 1996 and 1999 High Jump 1987 J HJ-1, 1988 I HJ-2, 1989 I HJ-2, 1990 S HJ-2, 1991 S HJ-2
Andrew Baddeley	2006, 2007, 2010 and 2012 1500m 2000 S 1500m-5

ESAA – MERSEYSIDE ROLL OF HONOUR

Michael Rimmer	2006-10 and 2013-14 800m 2000 J 800m-1, 2001 and 2002 I 800m-1
Jonathan Mellor	2015 10000m 2005 S 3000m-7

Notes regarding the athlete details shown above :

An entry for each athlete consists of the first line detailing their Major Championship medal win or their British Championship title win. Second (and subsequent) lines show their ESAA Championship performances in the abbreviated format – *yyyy a eeee p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-16 (U16) and Under- 14 (U14))

eeee Event

p Place achieved (note an ‘h-’ indicates the performance was in a heat and ‘r-’ indicates it was in a preliminary round)

ESAA – MERSEYSIDE ROLL OF HONOUR

ESAA GIRLS CHAMPIONS

1976	S	CC	Janet Lawrence	1999	J	DT	Lucy Nesbitt
1978	J	1500m	Paula Matheson	2001	I	100m	Anyika Onuora
1981	S	100m	Jayne Christian	2002	S	100m	Anyika Onuora
1982	S	400m	Ann Williams	2003	J	75mH	Helen Asher
1983	J	LJ	Margaret Cheetham	2003	S	HJ	Elizabeth Sweeney
1984	I	LJ	Margaret Cheetham	2004	J	75mH	Ashley Helsby
1985	J	LJ	Lynn-Marie Connolly	2004	J	LJ	Alexandra Russell
1985	I	4x100m	Merseyside	2005	S	100mH	Victoria Garrad
1985	I	LJ	Margaret Cheetham	2005	S	DT	Gemma Llewelyn
1986	I	100m	Danaa Myhill	2006	I	300m	Carmen Gedling
1986	I	4x100m	Merseyside	2006	I	LJ	Alexandra Russell
1986	S	LJ	Margaret Cheetham	2007	J	PEN	Katarina Johnson-Thompson
1987	J	CC	Joanne Colleran	2007	J	3k Walk	Lauren Whelan
1987	J	4x100m	Merseyside	2007	J	4x100m	Merseyside
1987	I	CC	Liz Hamill	2007	J	800m	Zoe Woodward
1988	J	2.5k Walk	Carolyn Brown	2007	J	HJ	Katarina Johnson-Thompson
1988	J	75mH	Yvonne D'Arcy	2008	I	HEP	Katerina Johnson-Thompson
1990	I	LJ	Ruth Irving	2008	I	3k Walk	Lauren Whelan
1991	J	SP	Helen Wilding	2008	I	HJ	Katarina Johnson-Thompson
1991	I	80mH	Diane Allahgreen	2008	S	LJ	Alexandra Russell
1991	S	LJ	Ruth Irving	2009	J	800m	Chelsea Jarvis
1992	I	300m	Sophie Cocker	2009	J	HJ	Kate Anson
1992	I	SP	Helen Wilding	2010	I	HJ	Kate Anson
1992	S	100mH	Diane Allahgreen	2010	S	5k Walk	Lauren Whelan
1992	S	LJ	Ruth Irving	2011	J	HJ	Amelia J-McLaughlin
1993	J	1500m	Dawn Adams	2011	I	LJ	Danielle McGifford
1993	I	SP	Helen Wilding	2012	S	HEP	Danielle McGifford
1993	S	100mH	Diane Allahgreen	2012	S	LJ	Danielle McGifford
1994	I	CC	Dawn Adams	2013	J	PEN	Anna Rowe
1994	I	1500m	Dawn Adams	2013	I	1500m	Rosie Johnson
1994	S	100mH	Diane Allahgreen	2013	S	LJ	Danielle McGifford
1994	S	400mH	Joanne Mahoney	2014	I	HEP	Anna Rowe
1994	S	SP	Helen Wilding	2016	I	3000m	Faye Ireland
1995	I	CC	Clare Duncan	2016	S	400mH	Anna Rowe
1995	S	SP	Helen Wilding	2017	I	3000m	Ella McNiven
1996	I	JT	Jenny Kemp	2018	I	CC	Ella McNiven
1997	J	CC	Catherine Terry	2018	I	3000m	Ella McNiven
1998	J	CC	Courtney Birch	2019	I	HT	Bekki Roche
1999	J	800m	Rachael Thompson	2021	I	1500m	Keira Brady-Jones

ESAA – MERSEYSIDE ROLL OF HONOUR

ESAA BOYS CHAMPIONS

1976	J	200m	Stuart Lawrenson	1998	J	80mH	Minh Ho
1977	J	HT	David Roberts	1999	J	SP	Tony Gallagher
1977	S	2000mST	Sean Butler	2000	J	800m	Michael Rimmer
1978	J	1500m	Paul Wynn	2001	J	HT	Michael Bomba
1983	J	CC	Chris Teague	2001	I	800m	Michael Rimmer
1983	S	800m	Ikem Billy	2001	I	SP	Peter Cranfield
1984	S	10k Walk	Steve Partington	2002	I	800m	Michael Rimmer
1985	S	800m	John Evans	2002	S	5k Walk	Neil Bates
1986	J	3k Walk	Martin Young	2002	S	HJ	Martin Aram
1986	J	PV	Mark Brunskill	2002	S	TJ	Kevin Thompson
1987	J	1500m	Steve Johnson	2004	J	3k Walk	Callum Taylor
1987	J	HJ	Steve Smith	2004	S	JT	Ben Fisher
1987	I	SP	James Muirhead	2004	S	TJ	Graeme Matthews
1988	I	1500m	Steve Johnson	2005	J	HT	Adam Reynolds
1989	I	1500m	Steve Johnson	2006	J	80mH	Jack Meredith
1989	S	1500m	Curtis Robb	2008	I	100mH	Jack Meredith
1989	S	400mH	Matthew Birchall	2008	S	400m	James Hunter
1990	I	SP	Bryan Kelly	2010	J	3k Walk	Alex Eaton
1990	S	10k Walk	Martin Young	2010	S	110mH	Jack Meredith
1990	S	1500m	Curtis Robb	2010	S	4x100m	Merseyside
1990	S	400mH	Matthew Birchall	2011	I	5k Walk	Alex Eaton
1993	I	OCT	Paul Hourihan	2011	S	HJ	Michael Hartley
1994	J	200m	Steven Daly	2012	J	1500m	James Taylor
1994	J	DT	Steven Stanford	2012	I	1500m	Matthew Shirling
1994	S	2000mST	Ben Reese	2013	J	300m	Joseph Milton
1995	J	400m	Ian Lowthian	2013	S	CC	Matthew Shirling
1995	I	4x100m	Merseyside	2013	S	5k Walk	Alex Eaton
1995	I	HJ	Danny Graham	2014	J	PEN	Josh Hewett
1996	J	PEN	Chris Jenkins	2014	J	HJ	Steven Jones
1996	J	400m	Paul Rawlinson	2014	S	CC	Matthew Shirling
1996	J	LJ	Chris Jenkins	2016	J	3k Walk	Stephen Waddington
1996	I	100mH	David O'Leary	2016	J	PV	Glen Quayle
1996	I	DT	Steven Stanford	2016	I	OCT	Josh Hewett
1997	I	1500mST	Jon Rice	2016	I	HJ	Joshua Hewett
1997	S	100m	Steven Daly	2016	S	5k Walk	Tom Partington

ESAA – MERSEYSIDE ROLL OF HONOUR

SCHOOLS INTERNATIONAL ATHLETICS BOARD (SIAB)

The SIAB hold 3 annual international meetings for school athletes from England, Ireland, Scotland and Wales. These are *Cross Country*, *Track and Field* and *Indoor Pentathlon Internationals*. A fourth championship, an *Indoor Track and Field International* meeting, was also held from 1990 to 2000.

SIAB GIRLS WINNERS

1975	I	800m	Janet Lawrence	1996	I	JT	Jenny Kemp
1977	J	CC	Paula Matheson	1998	J	CC	Courtney Birch
1978	J	CC	Paula Matheson	1999	J	CC	Courtney Birch
1984	I	LJ	Margaret Cheetham	2001	I	100m	Anyika Onuora
1986	I	100m	Danaa Myhill	2006	I	300m	Carmen Gedling
1987	J	CC	Joanne Colleran	2006	I	LJ	Alexandra Russell
1990	U16	i400m	Sophie Cocker	2007	U16	iPEN	Katarina Johnson-Thompson
1990	I	LJ	Ruth Irving	2008	I	HJ	Katarina Johnson-Thompson
1991	I	80mH	Diane Allahgreen	2013	I	1500m	Rosie Johnson
1991	U16	iSP	Helen Wilding	2013	U16	iPEN	Anna Rowe
1992	I	300m	Sophie Cocker	2015	I	300mH	Anna Nicole Rowe
1992	U16	iPEN	Louise Dixon	2017	I	3000m	Ella McNiven
1994	I	1500m	Dawn Adams	2018	I	3000m	Ella McNiven
1994	I	CC	Dawn Adams	2018	I	CC	Ella McNiven
1994	U16	i1500m	Dawn Adams	2021	I	1500m	Keira Brady-Jones

SIAB BOYS WINNERS

1979	I	800m	Paul Wynn	1996	U16	i400m	Ian Lowthian
1980	I	800m	Paul Wynn	2001	I	800m	Michael Rimmer
1988	I	1500m	Steve Johnson	2002	I	800m	Michael Rimmer
1988	I	400mH	Matthew Birchall	2008	I	100mH	Jack Meredith
1989	I	1500m	Steve Johnson	2010	I	HJ	Michael Hartley
1990	I	SP	Bryan Kelly	2012	I	1500m	Matthew Shirling
1995	U16	i200m	Steven Daly	2012	I	3k Walk	Alex Eaton
1996	I	100mH	David O'Leary	2016	I	HJ	Joshua Hewett

SIAB winning performances are shown in the abbreviated format – *yyyy a eeee* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, Under-16 (U16), Over-16 (O16) and Under-18 (U18))

eeee Event (preceded by an 'i' indicates at a SIAB indoor meeting)

ESAA – MERSEYSIDE ROLL OF HONOUR

WORLD JUNIOR / U20 MEDALLISTS - GIRLS

1994	Diane Allahgreen	100m Hurdles Bronze and 4 x 100m Bronze
2012	Katarina Johnson-Thompson	Long Jump Gold

Vicky Griffiths and Rachel Thompson (2002 4 x 400m Silver) ran in the heat but not in the final.

WORLD JUNIOR / U20 MEDALLISTS - BOYS

1992	Steve Smith	High Jump Gold
2010	Jack Meredith	110m Hurdles Bronze

WORLD YOUTH / U18 MEDALLISTS - GIRLS

2009	Katarina Johnson-Thompson	Heptathlon Gold
2015	Catherine Reid	400m Bronze

WORLD YOUTH / U18 MEDALLIST - BOYS

2009	Jack Meredith	110m Hurdles Silver
------	---------------	---------------------

EUROPEAN JUNIOR / U20 MEDALLISTS - GIRLS

1993	Diane Allahgreen	100m Hurdles Gold and 4 x 100m Gold
2003	Anyika Onuora	4 x 100m Silver
2003	Vicky Griffiths	4 x 400m Bronze

Rachel Thompson (2003 4 x 400m Bronze) ran in the heat but not in the final.

EUROPEAN JUNIOR / U20 MEDALLISTS - BOYS

1981	Paul Dunn	4 x 400m Silver
1983	Ikem Billy	800m Gold
1991	Curtis Robb	800m Gold
1991	Steve Smith	High Jump Gold
1999	Ian Lowthian	4 x 400m Bronze
2011	Jack Meredith	110m Hurdles Gold
2013	Alex Boyce	4 x 400m Bronze